Mic-Key® – Gastrostomy button
Use and care

The Mic-Key® Gastrostomy Button is a simple, small and flexible product for giving/receiving nutrition, fluids and medicines safely in various swallowing difficulties. With the Mic-Key® normal life is affected as little as possible as it has an anti-reflux valve and is retained by a balloon.

Use/administration/meals
To avoid feeling nauseous, it is advisable to sit or be propped up. Make sure that the food/tube feed is at room temperature.

Connection and disconnection of extension set:
Align the black lines, press in, rotate a quarter to three-quarters turn, when disconnecting rotate back the same distance and pull out when black lines are aligned.
Flush the extension set and Mic-Key® with 10-20 ml water before and after each administration. The connecting tube is single-use/single-patient, and if it is used several times it is important that it is cleaned properly, kept in a refrigerator and replaced every 2-7 days.

General care
Wash and dry around the button as part of daily hygiene. Taking a shower or bath and going for a swim are perfectly possible. Observe good food hygiene in care and feeding, not a sterile procedure.

Care of Mic-Key®
Rotate Mic-Key® at the time of daily washing.
If Mic-Key® is not used, flush it daily with water.
Check and replace water in the balloon/cuff once a week, for example every Monday.
The Mic-Key® can be replaced in the home setting and should be replaced every two to three months, by which time it will be discoloured and the anti-reflux valve will be weakened.

If the Mic-Key® becomes detached
Take a new one and insert it as soon as possible.
If you do not have a new Mic-Key®, take the old one, wash it, insert it and secure it with sterile tape or similar.
It is very important to keep the stoma open – contact your nurse/doctor as soon as possible to obtain a new Mic-Key®.
If you experience discomfort or pain in connection with administration/meals, contact nurse or doctor.

For further information, see Mic-Key’s own homepage!
www.mic-key.nu