



## **Mic-Key® – Gastrostomy button Use and care**

The Mic-Key® Gastrostomy Button is a simple, small and flexible product for giving/receiving nutrition, fluids and medicines safely in various swallowing difficulties. With the Mic-Key® normal life is affected as little as possible as it has an anti-reflux valve and is retained by a balloon.

### **Use/administration/meals**

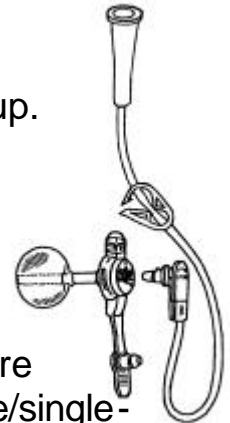
To avoid feeling nauseous, it is advisable to sit or be propped up.

Make sure that the food/tube feed is at room temperature

Connection and disconnection of extension set:

Align the black lines, press in, rotate a quarter to three-quarters turn, when disconnecting rotate back the same distance and pull out when black lines are aligned.

Flush the extension set and Mic-Key® with 10-20 ml water before and after each administration. The connecting tube is single-use/single-patient, and if it is used several times it is important that it is cleaned properly, kept in a refrigerator and replaced every 2-7 days.



### **General care**

Wash and dry around the button as part of daily hygiene.

Taking a shower or bath and going for a swim are perfectly possible.

Observe good food hygiene in care and feeding, not a sterile procedure.

### **Care of Mic-Key®**

Rotate Mic-Key® at the time of daily washing.

If Mic-Key® is not used, flush it daily with water.

Check and replace water in the balloon/cuff once a week, for example every Monday.

The Mic-Key® can be replaced in the home setting and should be replaced every two to three months, by which time it will be discoloured and the anti-reflux valve will be weakened.

### **If the Mic-Key® becomes detached**

Take a new one and insert it as soon as possible.

If you do not have a new Mic-Key®, take the old one, wash it, insert it and secure it with sterile tape or similar.

It is very important to keep the stoma open – contact your nurse/doctor as soon as possible to obtain a new Mic-Key®.

If you experience discomfort or pain in connection with administration/meals, contact nurse or doctor.

For further information, see Mic-Key's own homepage!  
[www.mic-key.nu](http://www.mic-key.nu)